


















# MARCH 2010

## PARENT INVOLVEMENT FAMILY FUN CALENDAR

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|--|--|--|--|--|--|
|   | <p><b>1</b><br/>It's <b>American Red Cross Month</b>.<br/>Learn what you can do to support an important cause.</p> | <p><b>2</b><br/>Break the routine. Do something with your kids you wouldn't normally do on a Tuesday!</p>  | <p><b>3</b><br/>Shoes that fit properly are important to your child's health. Do a shoe-check.<br/></p>             | <p><b>4</b><br/>Do you and your children know <i>The Star Spangled Banner</i>? Look up the lyrics online.</p>  | <p><b>5</b><br/>Take a stroll through the park after school. It's a great way to unwind.<br/></p> | <p><b>6</b><br/>The swimming season is approaching. Go over safety rules with your kids.<br/></p> |
| <p><b>7</b><br/>Pick a place you have never eaten at before and have a nice family meal.</p>   | <p><b>8</b><br/>Make ice cube popsicles with fruit juice. They are healthy and delicious.</p>                      | <p><b>9</b><br/>Every family should have a plan in case of an emergency. What's yours?</p>   | <p><b>10</b><br/>Do you know what your kids are eating for lunch? Make sure you have a menu.</p>   | <p><b>11</b><br/>It's <b>Johnny Appleseed Day!</b><br/>Make apple crisp for dessert.<br/></p> | <p><b>12</b><br/>Friday is fun day. Watch a TV show together.<br/></p>                            | <p><b>13</b><br/>Go for a walk and take pictures of nature scenes.<br/></p>                       |
| <p><b>14</b><br/>It's Daylight Savings Time again. Remember to turn your clocks ahead an hour.<br/></p> | <p><b>15</b><br/><i>"Beware the Ides of March."</i> Have your children look up who said that and why.</p>          | <p><b>16</b><br/>Ask your child to help do laundry. Kids can help at any age.<br/></p>     | <p><b>17</b><br/>It's <b>St. Patrick's Day</b>- the one day of the year everyone is a little bit Irish!<br/></p> | <p><b>18</b><br/>Talk about staying healthy. Why is wearing sunscreen so important?<br/></p> | <p><b>19</b><br/>Make a favorite snack, such as homemade Chex mix, together.</p>   | <p><b>20</b><br/>It's the <b>first day of Spring!</b> Spend the day outside enjoying the Spring weather.</p>   |
| <p><b>21</b><br/>Print out favorite pictures from last weekend's nature walk.<br/></p>                | <p><b>22</b><br/>Both children and adults benefit from exercise. Ride bikes before dinner.</p>                     | <p><b>23</b><br/>The FCAT is over. Take your child out for ice cream as a treat.<br/></p> | <p><b>24</b><br/>Ask who your child's favorite singers are. Listen to them together.</p>   | <p><b>25</b><br/>Spring break is approaching. Start making plans.</p>  | <p><b>26</b><br/>Have a Friday night reading party together. Make popcorn and read together.</p>   | <p><b>27</b><br/>Take the pictures you printed out last weekend and create a photo collage.</p>  |
| <p><b>28</b><br/>Do a little Spring cleaning. Have your child help clean up.<br/></p>                 | <p><b>29</b><br/>Find out if there are any events going on in your community to attend this week.</p>              | <p><b>30</b><br/>If the weather is nice, go to the beach and collect shells.<br/></p>     | <p><b>31</b><br/>Plant flowers in your front yard or in a window box.<br/></p>                                   |   |  |  |

# Family Fun Facts



## Did you know?

- Children who eat dinner around the table with their families do better in school.
- Children who take family trips do better in school. Simple free trips to the park or library are as good as expensive trips away from home.
- Children who are read to frequently read earlier and better.
- Children who see their parents read regularly are likely to read more themselves.
- Spending 30 minutes a day with your child can help them to achieve better grades in school.
- Children love to spend time with their parents!

(Facts from Harvard Family Research Project, [www.hfrp.org](http://www.hfrp.org))

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*for parents who want to learn more about helping their child succeed in school, and for educators who want to support children's learning and families' involvement in education. Check our website for:*

- tip sheets with ideas to support learning,
- workshops for parents and educators,
- information on *Parents as Teachers*, a home visiting program,
- news on upcoming conferences.

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